



301 West Maple Street

Lititz, PA 17543

Phone: 717-626-5096

Fax: 717-627-3795

www.lititzrec.com

Member's Guide

The mission of the Lititz recCenter, a non-profit organization, is to enrich the lives of the community by providing exceptional programs and facilities that promote the participation of individuals, families, businesses, and groups from all backgrounds.

Updated December 28, 2021

Contents

<i>Welcome – Facility Hours</i>	<i>4</i>
<i>Extra Value</i>	<i>5</i>
<i>Staff Directory</i>	<i>6</i>
<i>Inclement Weather</i>	<i>7</i>
<i>FAQ's</i>	<i>8</i>
<i>Code of Conduct</i>	<i>10</i>
<i>Youth Behavior Guidelines</i>	<i>11</i>
<i>Rec Opportunities</i>	<i>12</i>
<i>Lititz Springs Pool</i>	<i>13</i>
<i>Your rec</i>	<i>14</i>
<i>Birthday Party Packages</i>	<i>15</i>
<i>Splash Pool and Main Pool</i>	<i>16</i>
<i>Gymnasiums</i>	<i>18</i>
<i>Gymnasium: Pick-up Sports</i>	<i>19</i>
<i>Fitness Center</i>	<i>20</i>
<i>recZone</i>	<i>22</i>
<i>Lititz recKids</i>	<i>23</i>
<i>kidZone</i>	<i>24</i>
<i>Lititz recROC</i>	<i>26</i>
<i>Lititz recCenter App</i>	<i>27</i>
<i>Online Class Registration</i>	<i>28</i>
<i>Warwick Regional Recreation Commission</i>	<i>30</i>
<i>Age Guidelines</i>	<i>31</i>
<i>Annual Events</i>	<i>33</i>
<i>Lititz recCenter Monthly payment plan/Billing Agreement-Membership</i>	<i>34</i>

Welcome New recCenter Member!

Thank you for joining the Lititz recCenter. We are excited that you have decided to become a part of our ever-growing "family." Whatever interest you choose to pursue here at the Center, whether recreational, fitness, or social, we promise to provide you with a safe and enjoyable experience. Our staff will keep you informed, listen to your suggestions, and advise you on your choices of activities and services.

*Karen A. Mailen
Executive Director*

HOURS

Monday-Thursday	Fitness Center/Gyms Main Pool Splash Pool	5am-9pm 5:30am-8:45pm 6am-8:45pm
Friday	Fitness Center/Gyms Main Pool Splash Pool	5am-8pm 5:30am-7:45pm 6am-7:45pm
Saturday	Fitness Center/Gyms Main Pool Splash Pool	6am-6pm 6am-5:45pm 7:30am-5:45pm
Sunday	Fitness Center/Gyms Main Pool Splash Pool	8am-6pm Noon-5:45pm Noon- 5:45pm
Holiday Hours		
Labor Day/Thanksgiving/Memorial Day		
	Fitness Center/Gyms	7am-Noon
	Main Pool/Splash Pool	7am-11:45am
Christmas Eve	Fitness Center/Gyms	Open-2pm
	Main Pool/Splash Pool	Open-1:45pm
New Year's Eve	Fitness Center/Gyms	Open-6pm
	Main Pool/Splash Pool	Open-5:45pm
New Year's Day	Fitness Center/Gyms	8am-6pm
	Main Pool/Splash Pool	Open-5:45pm

4th of July hours may vary

Closed Christmas Day and Easter Sunday.



EXTRA VALUE!

- LRC Members receive a 50% discount on Lititz recROC membership and Lititz Springs Pool Season passes of equal value. Members receive 50% discount on recKids Child Care registration fee.
- LRC Members receive a 10% discount on the non-member price for programming at Ephrata recCenter and Hempfield recCenter through the recCenter's of Lancaster County alliance.
- Early registration and membership pricing on programs at LRC and recROC.
- Free babysitting in kidZone
- Complimentary guest pass
- Discounted day fee at Lititz recROC. LRC members pay only \$10 to visit for the day.
- Free Lititz recCenter Mobile App
- Free wi-fi
- Online Registration Available
- Preschool Open Gym
- Adult/Member only locker room with dry sauna
- 100+ Free Group Fitness, Aquatic & Spin classes each week. Les Mills instructor led and virtual.
- Free Starting-up Fitness program
- Fitness incentives throughout the year
- Lap/rec open swim times/aqua exercise incentives
- recZone gameroom
- In the gymnasium: Open access to gyms when available. See schedule times for Pick-up Basketball & Pickleball.
- Walking track

Staff Directory

Lititz recCenter Phone number: 717-626-5096
Lititz recROC Phone number: 717-874-3281
Lititz Springs Pool Phone number: 717-807-7022

WRRC: 717-626-5096, ext 229
Fax: 717-627-3795

Executive Director/Karen Mailen
KarenMailen@lititzrec.com
Ext. 226

Property Director/Kevin Zook
KevinZook@lititzrec.com
Ext. 236

Aquatics Director/Heather Fittery
HeatherFittery@lititzrec.com
Ext. 227

Fitness Director/Simon Ababou
SimonAbabou@lititzrec.com
Ext. 239

Swim Lesson Assistant/Virginia Enck
Aquatics@lititzrec.com
Ext. 245

Fitness Coordinator/
Erica Wolgemuth-Johnson
Fitness@lititzrec.com
Ext. 225

Aquatic Fitness Assistant/Carter Frasier
CarterFrasier@lititzrec.com
Ext: 245

Program, WRRC Director/Ron Stief
RonStief@lititzrec.com
Ext. 229

Development, Marketing Director/
Jennifer Henry
JenniferHenry@lititzrec.com
Ext. 242

Party Rentals/Theresa Goodhart
party@lititzrec.com
Ext. 247

Business Office Manager/Tracie Andrew
TracieAndrew@lititzrec.com
Ext. 231

Membership Director, Daxko Systems
Administrator/Emma Guinter
EmmaGuinter@lititzrec.com
Ext. 238

Human Resources, Finance Coordinator/Cindy
Adams
CindyAdams@lititzrec.com
Ext. 295

Member Services Coordinator/
Lane Groody
LaneGroody@lititzrec.com
Ext. 224

Child Services Director/
Katie Schaeffer
KatieSchaeffer@lititzrec.com
Ext. 228

Customer Service Representative/Lititz
recCenter
Customerservice@lititzrec.com
Ext. 0

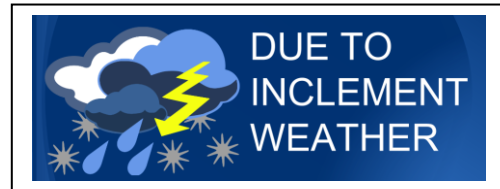
Child Services Administrative Assistant/
Rachel Mayfield
recKids@Lititzrec.com
Ext. 234

Lititz recROC Coordinator/
Corey Pickel
CoreyPickel@lititzrec.com
717.874.3281

Program Coordinator/
Lauren Pierce
LaurenPierce@lititzrec.com
Ext. 237

CustomerService Representative/recROC
recRoc-CustomerService@lititzrec.com
717.874.3281

Lititz Springs Pool
717.807.7022
LititzSpringsPool@lititzrec.com



Inclement Weather ~ What You Need to Know

It is each department Director's decision to change a class, program, or swim lesson due to bad weather. Please call the Director's extension directly to hear information on cancellation or delay.

Lititz recCenter - 717-626-5096

Programs ~ 229 Fitness ~ 239

Aquatics ~ 227

Lititz recROC – 717-874-3281

Facility closures will be announced on our telephone system by pressing 1 for building hours, delays, and closings, and then 4.

Closing information will also be available on WGAL Channel 8 website, Channel 21 WHP*CBS Stormwatch on air and online, as well as the Lititz recCenter website, www.lititzrec.com and our Lititz Rec Center Mobile App and LrC Facebook. All cancellations will appear on the home page of the app, which you can download for free via itunes or google play.

FAQ's

- **GUEST Passes**

\$15/Adults (Ages 23-59) \$10/Child/Senior – Free for Children under 2.

All guests are asked to present photo ID.

- **Membership Cancellation**~ Membership is non-refundable. A seven (7) business day written notice is required after the initial one (1) year contract is met to cancel your Monthly Pay Plan.

- **Refunds/Credits** ~ Refunds/Credits are available under certain circumstances, for example, moving, medical reasons, etc. All refunds and credits will have a \$10.00 office fee deducted from the original cost and will take seven (7) business days to process.

- **Guest Passes** ~ Each Membership Unit can request two free guest passes per calendar year. Guest passes are also available for purchase at the front desk.

- **Participants** ~ Members and non-members may participate in most programs, although the cost for the programs will differ. Both children and adults must be a member to qualify for member program rates.

- **Membership Scan Cards** ~ Membership cards are required and will give you quick entry to the facility. Membership cards are non-transferable. Allowing another person to use your card for any purpose will result in loss of your membership privileges, without a refund.

- **Parking** ~ Parking is available for our members and patrons in our parking lot and adjacent WSD lots. Please honor the handicapped spaces, and do not park in the fire lanes.

- **Event Parking** ~ Patrons attending swim meets or other large events are asked to park in the Warwick Middle School parking lot behind the Lititz recCenter.

- **Open Gym Use** ~ Gym rules and schedules are posted. Please read and abide by them. Rules will be strictly enforced. Recreation policy is structured to allow maximum “open activity” time.

- **Conducting Business**~ **Members/Non-Members are not allowed to conduct business of any type including training or coaching on Lititz recCenter property.**

- **Lost and Found** ~ **Lost and Found items are kept at the front desk for approximately two weeks. After that, items will be donated to local charities.**

- **Locker Use Policy** ~ Lockers are available for use when in the gym, fitness center, and pool areas. The recCenter will not be responsible for lost, stolen, or misplaced articles. Lockers are not equipped with locks. **To provide added security, members are encouraged to bring their own locks.** All locks must be removed at the end of each use. Reserved lockers are available for a monthly fee near the fitness center hallway.
- **Changing Clothes** ~ Please do not use restroom stalls to change clothes.
- **Kit Locker Rental Policy** ~ Kit lockers are located outside the Fitness Center. Two different size lockers are available on a first come, first serve basis. The recCenter will not be responsible for lost, stolen, or misplaced articles. The locks and keys will be supplied by the recCenter. All locker rentals are for a one-year basis from January 1 to December 31. There will be **no** partial-year rentals. If you are interested in a Kit Locker, please see the front desk for details.
- **Lititz recCenter Membership Hold Policy** ~ Members can request their membership to be put on hold for up to 3 months for medical reasons or other residence. At the end of the Hold-Annual membership renewal dates will be adjusted as necessary. Memberships on Hold may not use the recCenter. However, participation in any programming is at the member rate. There is no charge for Medical Holds. There is a \$6 monthly fee to put a membership on Other Residence Hold. Other Residence Holds can be used one time per calendar year. See Member Services for the Hold Request form.
- **Facility Rentals** ~ The Lititz recCenter is available to rent to individuals, as well as groups and organizations within and external to the greater Warwick area. If you are interested in renting the facility, please call the Program Director, extension 229.
- **Word of Mouth is the Best Advertising!** ~ Members who refer a new one-year membership will receive a \$20.00 Member Referral Gift Card. Your referral must give your name when they sign-up. This can be used toward class registrations or membership renewal.
- **LITITZ RECCENTER Member benefit to recROC~ Receive 50% Off** your recROC membership of equal value as a member of the Lititz recCenter on Individual, Youth and Family recROC memberships and member pricing on all recROC programs. Reduced fee day pass at recROC (\$10).
- **recCenters of Lancaster County** ~ Lititz recCenter is part of the Lancaster recAlliance. Members receive 10% discount on non-member programs offered at the recAlliance facilities by presenting their ID card for verification.
- **Lititz Springs Pool Season Pass** ~ Lititz Springs Pool Season Passes are non-refundable. Lititz recCenter members receive a discount for a pass based on an Equal membership guideline.

Code of Conduct

The Lititz recCenter is committed to providing a safe and welcoming environment for all members and guests. To promote general safety and comfort for all, individuals are asked to act appropriately when in our facility or participating in our programs. We expect the persons using the Center to act maturely, to behave responsibly, and to respect the rights and dignity of others. Our Member's Code of Conduct outlines prohibited actions, but the actions listed below are not an all-inclusive list of behaviors considered inappropriate in our facilities or programs. Guidelines specific to the use of each area are listed under the department rules and regulations policy.

It is our policy that anyone intending to take pictures/photos or recordings on the Lititz recCenter grounds is requested to carry a photo ID. Lititz recCenter management reserves the right to see such ID and approve photography/video activity. Persons who attempt or capture photos/videos of others without consent will be asked to leave the facility and may be reported to police. Professional photography is not permitted without prior permission from the Marketing Director.

Dress Code Policy: All participants must be dressed in accordance to their biological state; Male biological body parts must be covered with shorts/pants/bathing trunks; Female biological body parts must be covered with top and bottoms/one or two piece bathing suit. Participants not following this dress code risk being charged by local police with open lewdness.

Proper Attire is required for everyone. Shirt & shoes (sneakers) are to be worn appropriate for safely participating in physical activity. Bathing attire is required in pools.

Empty rooms/spaces are locked and restricted when unsupervised.

The following are PROHIBITED on the Lititz recCenter premises, including building and grounds:

- Tobacco products. Lititz recCenter buildings and grounds are tobacco-free. All forms of tobacco or smokeless tobacco products are prohibited on Lititz recCenter premises. This includes no smoking, vaping, or use of chewing tobacco. Smoking products found on the premises may be confiscated.
- Alcoholic beverages, illegal drugs, & drug paraphernalia.
- Carrying or concealing all weapons, knives, firearms, ammunition, all incendiary devices, and any other device that can be used as a projectile.
- Harassing, threatening, intimidating, or offensive behavior/body language.
- Theft or behavior that results in defacing or destroying property/equipment.
- Profanity, vulgarity, or loud, boisterous shouting, name calling, and swearing.
- Loitering within or on the grounds of recCenter facilities.
- Gambling.
- Double swiping of membership. Sneaking into the recCenter or helping others sneak in is not permitted. Those who are caught doing so will have consequences up to removal of membership cards and removal from recCenter.

Misconduct may result in suspension or permanent loss of membership privileges.

Lititz recCenter Staff members are eager to be of assistance. Members and guests should not hesitate to notify a Staff member of any violations. Violations may be subject to criminal prosecution or disciplinary action up to and including cancellation of membership.

Policies and guidelines in this membership booklet are subject to change.

Lititz recCenter

Youth Behavior Guidelines

It is the policy of the Lititz recCenter to create and maintain a positive values-centered atmosphere for all users. In the event of unacceptable behavior, suspensions will be levied.

The following serves as minimum guidelines:

TWO WEEKS*

- Disobedience/Disrespect 1st Offense**
- Breaking LrC Rules 1st Offense**
- Sneaking into the Center 1st Offense**
- Language Abuse 1st Offense**

ONE MONTH*

- Disobedience/Disrespect 2nd Offense**
- Breaking LrC Rules 2nd Offense**
- Sneaking into the recCenter 2nd Offense**
- Language Abuse 2nd Offense**

THREE MONTHS*

- Fighting 1st Offense**
- Vandalism (plus the cost of repairs) 1st Offense**
- Disobedience/Disrespect 3rd Offense**
- Breaking LrC Rules 3rd Offense**
- Sneaking into the recCenter 3rd Offense**

ONE YEAR*

- Stealing 1st Offense**
- Fighting 2nd Offense**
- Vandalism (plus the cost of repairs) 2nd Offense**
- Disobedience/Disrespect 4th Offense**
- Breaking LrC Rules 4th Offense**
- Sneaking into the recCenter 4th Offense**



rec Opportunities

Rochelle ‘Skip’ Clair Community Partnership Program

Through contributions from local businesses and community members, Lititz recCenter makes free or reduced-fee memberships and programs available to families, youth, seniors, and adults in the Lititz area who need financial assistance. These “Partnerships” give every member of our community access to Lititz recCenter programs and facilities. Partnerships are available to residents of Warwick Twp, Lititz Borough, Elizabeth Twp, Penn Twp. Applications for Partnerships for membership or programs are available at the Member Services Desk, and the Lititz recCenter website.

Corporate Membership Opportunities

Lititz recCenter provides reduced membership and program fees to employees of our local business partners and community support organizations. This cooperative program allows employers to commit to employee wellness and extend these benefits to an employee’s family members. Please check with Member Services to see a list of participating local employers or speak with your company Human Resources Coordinator about joining employee discount programs.

Sponsorship & Advertising Opportunities

Showcase your business and support recreation programs in the community with a sponsorship.

- Lititz recCenter Program Guide
- Lititz recCenter recConnect Newsletter
- Special Events: Golf Tournament, Boulder Bash, Pretzel Twist 5K, Adult Triathlon, Youth Triathlon.
- Parkinson’s Support program
- recKids Summer Day Care program
- Summer Camp
- recLeagues Basketball

recCenters of Lancaster County Corporate Program



of Lancaster County

The Lititz recCenter’s Corporate Membership Program is a recreation and wellness partnership with Lititz-area businesses and community support organizations who value Community employee’s wellness and work-life balance. Through this partnership Lititz recCenter members receive a 10% discount on non-member programing at Ephrata & Hempfield recCenters.

Volunteering at the rec

Volunteers are always welcome at the recCenter! Please fill out a volunteer application which is available at the front desk. There are many areas where help is needed.

- Administrative tasks
- Special events
- Helping with youth programs, aquatics, childcare
- Custodial
- Gardening/landscaping
- Marketing and Community Outreach
- Tour guides/Lititz recCenter Class Ambassador



Lititz Springs Pool

Join us this summer to make a Splash in Lititz!

Lititz Springs Pool is a facility of the Lititz recCenter, newly renovated through a community project in 2020. Featuring three pools, pavilion, and lavatory/changing areas, this landmark facility first opened in 1962.

Lititz Springs Pool is open to the public. Season Passes are available to purchase beginning in March. Lititz recCenter members receive a 50% discount on Lititz Springs Pool Season Passes of Equal value!

Reserve space in our LSP Pavilion (8 tables, electric service, water) for a celebration or group outing. Full or Half-day reservations available. Pavilion rentals are in addition to regular admission.

Group Admission Rates are available but require a reservation and deposit. To reserve group admission contact Heather Fittery at HeatherFittery@lititzrec.com 717.626.5096, ext 227.

Rules for everyone's safety!

Children ages 6 and under must be accompanied by an adult in the water at all times. Children ages 10 and under must be accompanied by an adult to be admitted to the pool and must be supervised at all times.

No Glass in the pool area.

Lifeguards and Pool Staff have the authority to enforce all pool rules.

All swimmers must be attired in swimming apparel.

For a complete list of rules go to www.lititzrec.com

Lititz Springs Pool Direct Phone # 717.807.7022

Your rec!

- **Two heated indoor pools! Main Pool** ~ 25 yards long, 8 lanes, 3 ½ to 12 feet deep, with ramp entrance. **Splash Pool** ~ Zero entry, water slide, water features, and 4 lap lanes.
- **Gymnasium** - 14,000 square feet. Entertains 3 full-size basketball courts, volleyball, Pickleball, and climbing wall. Walking/jogging track.
- **Fitness Center**
 - Circuit Training Center (in Studio 1) New in 2021!
 - Cardio Center
 - 80+ Cardio Machines (Personal TV)
 - WIFI
 - Strength Training Center
 - Life Fitness Strength Machines
 - Free Weight Equipment
 - Functional Training Center
 - Free style exercise area
 - Body weight, medicine ball train, plyometric
 - Synergy 360 equipment
 - Les Mills Classes; Virtual & Instructor Led
 - Studios
 - Studio 1, 2, 3 reserved for group exercise classes
- **recZone** - Ping-pong, pool table, foosball, air hockey, arts and crafts, board games, and lounge area. You may have food in this room. Free to members.
- **Children Service's Programs/Childcare**
 - State Licensed before and after school program
 - Preschool Academy for children ages 3-5.
 - Summer care for kids entering Kindergarten through sixth grade from any school district.
- **kidZone** - Free short-term babysitting available on site while a member is using the facility. Available for a fee to non-member guests.
- **Zone 1** – Spin zone with Instructors and Bike-O-Vision. Featuring scenic road trips on the screen as you ride and Les Mills Virtual spin classes.
- **Zones (2, 3, and 4)** – Multipurpose spaces including a dance studio.
- **Facility Rentals** - The Lititz recCenter is available to rent to individuals, as well as groups, and organizations within and external to the greater Warwick area. If you are interested in renting the facility, please call the Program Director at extension 229.
- **Locker Rooms** - Main locker rooms, 5 family changing rooms, and Members Only-18 + locker rooms with sauna. All handicapped accessible.

<i>Satellite Facilities</i> <i>Lititz recROC</i> <i>Lititz Springs Pool</i>

Birthday Party Packages

*You supply the guests. We'll supply the FUN!
Plus - a Party Host to keep your party on schedule!*

Our party packages provide options for both fun in our most popular spaces and a party celebration space. Prices vary by package and customization- add more guests, or more time to make your PARTY extra exciting!

All FunZone Party

Includes 1 hour in FunZone and 1 hour in Party Zone.

FunZone & Splash Party

Includes 45 minutes in FunZone, 1 hour in Splash Pool and 1 hour in Party Zone.

FunZone & Gym Party

Includes 45 minutes in FunZone, 45 minutes in Gym with sports of your choice and 1 hour in Party Zone.

Just Gym Party

Includes 1 hour in Gym with sports of your choice and 1 hour in the Party Zone.

Just Splash Party

Includes 1 hour in Splash Pool, and 1 hour in Party Zone

Splash & Gym Party

Includes 30 minutes in Gym with sports of your choice, 1 hour in Splash Pool and 1 hour in Party Zone.

****Reminder: Children under age 6 must be accompanied by an adult in the pool.**

**Reserve your Party today! 717.626.5096, ext 247
or email: party@lititzrec.com**

Splash Pool and Main Pool

2 GREAT POOLS! DOUBLE THE FUN!

General Rules for Both Pools

Pool rules are posted. Please abide by them. Rules will be strictly enforced by lifeguards and rec staff. Pool closure will be posted.

- Persons with infections or diseases that may be transmitted by pool water are prohibited from entering the pool. Any open wound must be bandaged.
- No swimming when the lifeguard is not on duty. Do not distract the lifeguard or block their view.
- All children under the age of 11 years must be supervised by an adult in the building. **Children under age 6 must have an adult in the water with them.**
- All swimmers must shower before entering the pool. There are showers in all locker rooms, and the Splash Pool has a shower on the pool deck.
- Never urinate in the pool-use the restrooms in the locker room.
- Swim diapers are required for all children who are not toilet-trained.
- Food and gum are not allowed in the pool area. Drinks must be in an unbreakable, closeable container.
- Lap lanes are for those who are swimming laps. Circle swimming etiquette will be used when there are more than two (2) swimmers in a lane. Keep to the right.
- No running, pushing, dunking, wrestling, or horseplay at any time.
- Proper bathing attire must be worn at all times. No jean or gym shorts. No t-shirts.
- No hanging on the lane lines.
- Only PFD Coast Guard Approved Type 2 life jackets may be used. No swimmies/water wings or inflatables, including infant floats..
- In order to eliminate any inconvenience and assure the safety of our members, we ask that persons returning to the locker/changing rooms and showers please towel off in the drying area before returning to their locker.
- Obey the Lifeguard and other Rec Staff at all times.
 - First Warning – Verbal
 - Second Warning – Benched for 5 minutes
 - Third Warning – Ejection from Pool.

Additional Splash Pool Rules

- No diving in the Splash Pool. No climbing/jumping over the walls in Splash Pool.
- Do not climb on or hang from the whale head or tail.
- Swimmers must pass a test to use the slide.

Schedules for indoor pools can be found online at www.lititzrec.com and on the Lititz recCenter Mobile App.

Locker Rooms

- There are 5 family/special needs changing rooms.
- Both pools are accessible from both locker rooms and family dressing rooms.
- The men's and women's locker rooms off the Splash Pool are for adult (18+) members ONLY. No children or Non-members are allowed in these locker rooms. Please report children or Non-members in the adult only locker room to any rec staff member.
- Adults with children should use the family changing rooms or the main locker rooms off the Main Pool.
- Children age 4 and under may use the main locker room off the Main Pool. Children ages 5 and older MUST use the family changing rooms or the locker room off the Main Pool of their same sex.
- Please be considerate if others are waiting to use the Family Changing Rooms. Do not leave any articles in the Family Changing Rooms.
- Please keep valuables and personal items with you. The Lititz recCenter is not responsible for lost or stolen articles.
- You may bring a lock to use while you are using the facility, but it must be taken with you when you leave. Locks may not remain on lockers overnight.
You are encouraged to lock your personal belongings.

Pool Schedule

- The Main Pool is open from 5:30 am to 7:30 am on weekdays for lap swimming only.
- From December to February the Main Pool may be impacted by swim meets and swim team practices.
- A schedule of swim meets will be available at the front desk and on the LrC website.

Water Walk or Swim Laps
Track your miles on the chart on the wall
in the main pool !
Great Member Incentive program!

TO ALL MEMBERS:

Concerns regarding conduct or misuse of pool areas should be first reported to lifeguard on-duty, or to the Aquatic Director 717.626.5096, ext. 227.

Gymnasiums

The Lititz recCenter has 3 full size gymnasiums. Just 2 of these gyms make up a 14,000 square foot space that includes a walking track, two oversized courts and is home to basketball, volleyball, and many other sports and fitness activities here at the rec. The 3rd gym includes a full-size basketball court, 4 pickle ball courts, volleyball programs and bleachers for spectators.

Walking Track

6.25 laps around the track = ½ mile

12.5 laps around the track = 1 mile

25 laps around the track = 2 miles

Access to Walking Track is limited by scheduled programs.

Lititz recCenter Gymnasium Rules and Regulations

- All children age 10 and under must be supervised by an adult.
- Gym shoes are required on the floor. No bare feet. **NO** street shoes, cleats, high heels or other type of shoe leaving marks will be permitted.
- All of the following are strictly **PROHIBITED** in the gym area:
 - Food or drink of any kind, EXCEPT WATER- no flavored water!
 - Chewing or bubble gum
 - Pushing, shoving, or horseplay of any type
 - Spitting
 - Profanity
 - Glass containers
 - Lewd or immoral acts
 - Climbing on walls or structural supports
 - Destruction of personal or recCenter property
 - Opening the fire exits other than in an emergency –**ALARM WILL SOUND!**
 - Hanging on basketball rims or abuse of volleyball or other equipment
 - Removal or ‘taking down’ of equipment
 - Excessive noise
 - NO THROWING FOOTBALL or BASEBALL/SOFTBALL, or Lacrosse balls

Please note footballs may be thrown in Gyms 5/6.

- The walls may ***NOT*** be used as rebounding boards for any athletic equipment.
 - Cement Wall in Gym 5/6 may be used for rebounding.
- Individuals who violate any of the above rules may be asked to leave the facility. Repeated abuse could lead to the suspension of membership privileges.

Please ask Staff for permitted gym equipment. Gym storage area is for employees ONLY. Please do not enter this area.

GYMNASIUM: PICK-UP SPORTS

Pickle Ball

This doubles game is a combination of tennis, badminton and ping pong. The Lititz recCenter provides open time to play Free for members. Times vary throughout the season. Players must bring their own paddles and balls. Members can also reserve private court time to practice and play competitively. The Lititz recCenter has equipment to borrow to play. Classes and private lessons are offered to learn the game. Check the website or program guide for current schedules and fees.

Any questions please visit the Lititz recCenter mobile app or contact Lauren Pierce 626-5096 x 237 LaurenPierce@lititzrec.com or Ron Stief at 626-5096 x229 ronstief@lititzrec.com

Pick-up Basketball

The Lititz recCenter offers pick-up basketball for a variety of ages. Middle school and high school students can come and play games against one another. There is also scheduled pick-up basketball for ages 18 and up. Both are free to all members. Come and competitively play and have fun with other members. Pick-up times vary each season. Check the Lititz recCenter website, program guide, or mobile app for current schedules.

Any questions please contact Ron Stief at 626-5096 x229 ronstief@lititzrec.com.

Fitness Center

Cardio Center--Strength Training Center---Functional Training Center

Welcome New Members! Get Started with our 'Starting Up' Program.

By member request the **Starting Up Program** is an orientation to the fitness center. This program includes two 60-minute sessions. Our professional staff will show new members the cardio equipment and how to use each piece of circuit equipment, including how to set up and adjust the equipment, which muscles are targeted and how to use the proper technique. New members will also get a free body composition and recommended target heart rate.

Schedule your appointment with the fitness staff or complete a Start Up request form at the front desk and we will call you. Email: simonababou@lititzrec.com or fitness@lititzrec.com. Fitness staff is available most mornings and evenings. Wear comfortable clothing and sneakers to your appointment.

Group Fitness Studios

Studio 2 & 3 and Zone 1, 2 & 3 are equipped with sound systems, instructor stages, Keiser m3i spin bikes, tons of equipment and jumbo LED screens projecting Les Mills Virtual classes.

Fitness Center Policies

For safety no one under age 12 is permitted in the Fitness Center. Youth ages 12-13 must be supervised by a parent, guardian, trainer, or recCenter staff member at-all times.

- To ensure a comfortable atmosphere for everyone, please be courteous and respectful of others and their personal space.
- Return and rack weights when finished where they belong.
- Allow others to “work-in” or take turns with equipment particularly when the fitness center is busy.
- Wear proper attire (no “cutoffs” or sandals) for safe, comfortable exercise that provides full coverage.
- Wipe off equipment when finished.
- Swearing, grunting, yelling, and other loud noises are distracting and offensive to others.
- Don’t drop weights on gym floor.
- Pick up your towels, water bottle, newspapers, etc.
- No food or beverage (except water)
- Keep personal music to a volume that is only heard by you.
- Follow guidelines and instructions from staff, trainers, and instructors. Failure to follow rules may result in issued warnings or dismissal from the Fitness Center.

Fitness Director Simon Ababou, 717.626.5096, ext. 239.

recZone

recZone hosts lots of fun activities for people of all ages. Pool tournaments, foosball, air hockey, ping-pong and board game nights are only a few of the fun activities you'll find happening in recZone!

Hours: Monday-Thursday 3pm-8pm, Friday 3pm-6pm Hours vary seasonally

Lititz recCenter recZone Rules and Regulations

- Children **ages 8 and up** must be supervised by a recZone monitor or a parent. Children under 8 years old must be supervised by a parent.
- Everyone must sign in to the recZone each time they enter the room.
- Per the recCenter policy, no **heelies or skateboards** will be permitted.
- All of the following are strictly prohibited: fighting, gum, excessive noise, PDA (public display of affection) and spitting.
- You must ask the recZone supervisor to use the stereo or television.
- Destruction of recCenter property will result in consequences that could lead to removal from the recCenter.
- Abusive or profane language of any kind will result in consequences that could lead to removal from the recCenter.
- No sitting on counters, ping pong table or pool table.

Repeated abuse of the above rules could lead to the suspension of membership privileges.

recZone staff will follow the Lititz recCenter Youth Guidelines for all suspensions and punishments.



Children Services Department / recKids Child Care

We're proud to help build tomorrow's future!

- No rec membership required. Summer-program open to all school districts.
- Flexible 2 to 5 days/week and PT or FT schedules available for most programs.
- **Preschool Academy program** for 3-5 years old.
- ***Before School Care** for children in grades K-6. (Held in the cafeterias of the Kissel Hill, Lititz, Bonfield, and John Beck Elementary schools)
- ***After School Care** for children in grades K-3. (Held in the cafeterias of the Kissel Hill, Lititz, Bonfield, and John Beck Elementary schools)
- ***After-school care** for children in grades 4-6. Students will be bussed to the Lititz recCenter after school and picked up from there.
- **After-school care** at Manheim Central Elementary schools
- **Summer** care for children age 3 -12 years. Activities include swimming, walking trips, field trips, outdoor fun, arts, science, culinary arts, special events and guest speakers.
- ***Special Day Camps** for children in grades K-6 on days off school (non-major holidays, in-service days, etc.) Held at the recCenter.
- **Snowy Day Camp** for children when schools are closed due to inclement weather. Held at the recCenter for K-6th grade.
- 15% discount for each child after the first from the same immediate family enrolled in any recKids program during the same time period. Youngest child pays the full rate.



***Programs licensed by PA Department of Human Services.**

**For more information on these programs please call recKids:
717-626-5096, extension 228 or Rachel Mayfield extension 234 or email
recKids@lititzrec.com.**



kidZone

POLICIES

The kidZone program at the recCenter offers supervised short-term babysitting as a service for members and non-members who are using the recCenter facility. The kidZone service is available to children between the ages of two months and 10 years old. All infants must have their first set of shots (at 2 months) and be up to date on all vaccinations to be eligible for the program.

HOURS:

8 am to 1 pm	Monday to Friday	AM session
4 pm to 8 pm	Monday to Thursday	PM session
8 am to Noon	Saturday	AM session

LENGTH of SERVICE:

2 months to 1 year old	75 minutes per session
1 - 10 years old	2 hours per session

Note: Please gauge your time using the clock in kidZone located above the sign in desk.

FEES:

Members ~ Free

Non-Members ~ \$5 per child, per session

All payments must be made at the front desk. A receipt will be provided to give the kidZone staff member upon entering the child-care room.

1 ticket = 1 child.

SIGN IN/SIGN OUT SHEET:

Please print your child's name and your FULL name on the sign in/sign out sheet. Please take a card and write your child's name and the number on the card on stickers provided and place on your child. When returning to pick up your child, please give the staff the card so we can get your child for you. Please indicate where you will be in the building and the time that you arrived. This is important information in case we need to reach you or in case of an emergency.

You must be physically present in the building. Children are required to wear a sticker with their name.

FOOD/DRINKS:

No food or drinks are allowed. Milk is also not allowed because of allergies. In these cases, staff members reserve the right to remove foods that may be a danger to other children. Candy and gum are not allowed.

PARENT RESPONSIBILITIES:

- All bags must be labeled with the child's name. Please do not bring toys, books, or games from home. The Staff will not be responsible for lost, damaged, or stolen items.
- Children, including infants, must be fed, changed, clean, and wearing shoes/socks upon arrival.
- Staff will not feed meals to children or bottles to infants. If a diaper change is necessary, you will be contacted by an LITITZ RECCENTER staff member.
- Children must be accompanied by and signed into kidZone by an adult. They must be picked up by the same adult unless otherwise noted to a staff member. To insure the safety of the children, the staff may ask for identification.
- Parents are responsible for taking their children to and from other scheduled LITITZ RECCENTER activities and classes and should respect kidZone hours of operation and policies. Staff will not be responsible for children after kidZone hours are over and will not deliver children to the parent or to an activity/class.
- kidZone staff may utilize the following: kidZone room, outdoor playground, grassy areas, and the gym. Please have your child wear closed-toe shoes that protect his/her feet and allow for safe play.
- Parents of children with allergies, please fill out an "Allergy Information Sheet." kidZone staff will provide you with one.

EXPECTED BEHAVIOR:

- **Doing physical harm to other children (or Staff) or willfully damaging kidZone property or use of strong language by children or adults is not permitted in the program.** Such behavior will be addressed by the staff. In the case of younger children, redirection will be used first; for older children, a staff member will speak with them about the behavior. If these attempts do not work, a time out may be used.
- In case of a severe discipline problem or a biting incident, the parent will be asked to immediately remove the child from the program for the remainder of the day. This is for the safety of your child and the other children in the program.
- Parents are expected to use acceptable discipline with their children. Degrading a child verbally or physically disciplining them is not tolerated in our center.

SICK CHILD POLICY:

- **Please do not bring your child to kidZone if they are ill or have been exposed to a contagious disease.**
- Children should not be brought if they have conjunctivitis (doctor's note for admission required), have vomited or had diarrhea in the last 12 hours, fever, unexplained rash, lice (must be nit free) or any other contagious condition.
- If your child becomes ill or is seen to have any of the above symptoms, you will be asked to pick up your child as soon as possible. Please respect that other parents do not wish their children to become ill as well. kidZone Staff may not administer any medications.
- Please inform the kidZone Staff members of any allergies, asthma, seizure disorder, or other medical conditions that you are aware your child has. We will keep this information confidential, but it helps us to keep your child safe.

Lititz recROC

201 Rock Lititz Boulevard, Suite 10
Lititz, PA 17543
www.lititzrecroc.com
717.874.3281



Facility Hours

Monday to Thursday

5:00am-8:00pm

Friday

5:00am-8:00pm

Saturday & Sunday

8:00am – 8:00pm

**Bouldering, Obstacle
Performance Training Facility**
Discover Your New Fitness Choices!

LrC Members receive 50%
discount on membership of
EQUAL value at Lititz recROC!

Fitness, Parkour, Bouldering & Obstacle Training for Youth and Adults

Team Building/Group Events: 717.874.3281

Guests are welcome! Come for the day! Day Pass fee is \$20.

Lititz recCenter Members pay \$10 Day Pass Fee!

A signed waiver is required for all participants.

Participants under 18 years old must have the waiver completed by their parents or court-appointed legal guardian in-order to come into the facility.

All youth under the age of 14 must be accompanied and supervised by a parent, or a court appointed legal guardian.

Locker Room Facilities

Showers and lockers (please bring a lock for your locker when in use)

Lititz recCenter members are eligible for member rates on programs at Lititz recROC!

Monthly memberships for Individuals, Youth and Families.

Lititz recCenter App

The Lititz recCenter has gone Mobile!

Available in the Apple and Google Play Stores FREE DOWNLOAD

Mobile Technology is changing quickly and is critical in connecting with members. Lititz recCenter Members are now able to store their barcode and all family member barcodes for speedy individual and family check-in. Facility hours are easily accessed on the app.

Lititz recCenter Members can also select the notification they want to receive with subscription options. There is also an onboarding feature to help members get up to speed quickly on how to use the features on the app at the time of download. Lititz recCenter is excited to offer this communication tool to our members! Download the Lititz recCenter app today!

Get the Lititz recCenter App

1. Open the Play Store or App Store on your device
2. Search for “Daxko”
3. Select the Daxko App and Install
4. Open the Daxko App and search for Lititz recCenter
5. Your Lititz recCenter App will be automatically saved in your Apps list as “Daxko”. You can edit the name to show as Lititz recCenter.

Using the Lititz recCenter App

- Allows you to see important Announcements
- Load your member scan card
- Register for programs
- See daily, weekly, or monthly class schedules

Want to sign up for classes? Register in-person, by phone or online.

Lititz recCenter has easy online Registration!

The Lititz recCenter lets you sign up for membership or for classes online. Just follow these simple directions.

Online Class Registration ~

- Go to www.lititzrec.com.
- Then select Program Registration.
- You can either browse programs or search for programs by key word.
- If you choose to search for your program using the browse programs option you will then need to select the appropriate category for your program.

Programs at Lititz recCenter

Select the program category to see what we offer for that category at this location.

[American Red Cross Classes](#)

[Annual Events](#)

[Aquatics Adult](#)

[Aquatics Preschool](#)

[Aquatics Youth](#)

[Birthday Party Packages](#)

[Dance](#)

[Fitness Adult](#)

[Fitness Personal Training](#)

[Fitness Youth](#)

[Leola Community Pool Memberships](#)

[Leola Community Pool Rentals](#)

[Lititz Springs Pool Rentals](#)

[Manheim Borough Community Pool Memberships](#)

[Manheim Borough Community Pool Rentals](#)

[Pavilion Rental Elizabeth Twp](#)

[Pavilion Rental Warwick Twp](#)

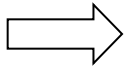
[Programs Adult](#)

[Programs Adult Leagues](#)

[Programs Preschool](#)

[Programs Youth](#)

[Wellness](#)



- After selecting the appropriate category you should then select your desired program or class category.

Programs

Select a program to see the available offerings for that program. If you can't find the program you're looking for, you can use the controls on the left to further filter the list of programs.

We found 2 programs matching your search criteria.

Locations

Lititz recCenter

[change location](#) | [switch to all](#)

Categories

Dance [remove](#)

[Ballet](#)

[Other Dance](#)



- You should then select your program or class

Ballet

Select the checkboxes next to one or more sessions that you want to register for, then click **Register**.
Click a session's name to see the full information about that session.

This program has 3 sessions

Register

Filter Sessions Sessions without a day or time assigned will always be returned. Days of the week <input checked="" type="checkbox"/> Sun <input checked="" type="checkbox"/> Thu <input checked="" type="checkbox"/> Mon <input checked="" type="checkbox"/> Fri <input checked="" type="checkbox"/> Tue <input checked="" type="checkbox"/> Sat		<input type="checkbox"/> Kids Ballet & Tap Combo, Wed. 9:30am Spring 1 Lititz recCenter Mar 01, 2017 to Apr 12, 2017 Wed 9:30 AM - 10:15 AM	Member \$55.00 Non-Member \$75.00
		<input type="checkbox"/> Kids Ballet 1, Sat. 10:15am Spring 1 Lititz recCenter Mar 04, 2017 to Apr 15, 2017 Sat 10:15 AM - 11:00 AM	Member \$45.00 Non-Member \$65.00
		<input type="checkbox"/> Kids Ballet 2, Sat 11:00am Spring 1 Lititz recCenter Feb 04, 2017 to Apr 15, 2017 Sat 11:00 AM - 11:45 AM	Member \$45.00 Non-Member \$65.00

- After selecting your desired program or class you will then be directed to a page with the class information.
- You should then click:

REGISTER FOR PROGRAM

- At this point, you will need to sign in. If you already have an account, log in. If not, you will need to create an account. You only need to do this once.
- Once you have logged in, you will be taken to the review page. Review all the registration information.
- You can either register for more programs or proceed to Check Out.
- Follow the directions to make payment.

FAQ's

I cannot find my unit. The spelling of your first and last name must match what we have in our system (Tom, Tommy, Thomas). Also, your birthdate and email must match.

I can't find the class I want. Click on other program categories. The class may be classified under another category.

The computer won't let me sign up for a class! Perhaps the class has reached its maximum number of participants. The class may also be closed. Check the registration dates. There are registration dates for members and non-members. You can only register for classes at certain times.

How will I know if the registration went through? You will receive an e-mail confirmation. If you do not receive an e-mail confirmation, please contact the Lititz recCenter at 717-626-5096 extension 221.

I forgot my password! If you have forgotten your password, follow the prompts on the screen to have a temporary password e-mailed to you.



WRRC MISSION STATEMENT

The Warwick Regional Recreation Commission (WRRC) is an intergovernmental agency committed to providing information, knowledge, and direction for the development and enhancement of parks and recreational opportunities for residents of the Warwick School District.

WHAT IS THE WRRC?

It is a-number-of municipal governments – Lititz Borough, Elizabeth Township, and Warwick Township – that work together to cooperatively fund a regional Parks and Recreation Commission that serves the residents of the participating municipalities.

Also involved in the WRRC is the Lititz recCenter and Warwick School District. These two provide in-kind services such as office space, facilities, and personnel.

The goal is to integrate all recreation providers in the region and produce a comprehensive park and recreation system. By organizing, coordinating, and efficiently streamlining these recreation providers, the WRRC will ensure quality experiences for participants.

**For Pavilion Rentals, Field Reservations or other information, please call
Ron Stief, WRRC/LITITZ RECCENTER Program Director
717-626-5096 extension 229
RonStief@lititzrec.com**

Pavilion Rentals available online at <http://warwickregionalrec.org>

Lititz recCenter Facility Age Guidelines

● *recCenter*

- Under 11 – Must have a Parent in the Building

● *Gymnasium*

- Under 11 must be supervised by an adult

● *recZone*

- Parents and children may use the recZone with permission and monitoring from the Lititz recCenter Staff during times when the recZone is not open and staffed by a recZone monitor.
- Children, ages 8 and up, may use the recZone when opened and staffed by a zone monitor.

● *kidZone*

- Children 1-10 years old are limited to 2 hours.
- Children 2-12 months are limited to 75 minutes.
- **Must have current shots and immunizations.**

● *IndoorPools*

- Children 6 years and under must have an adult in pool water with them unless the child successfully completes the LITITZ RECCENTER issued swim test.
- Children 6-7 years old must have an adult in the pool area.
- Children 8-10 years old must have an adult present in the building to swim in the pool.

● ***Fitness Center***

- All members 12 and up should go through the Fitness Center Starting Up Program.
- 12/13-year olds must be accompanied by a parent/adult in the Fitness Center. The adult **MUST** stay with the 12/13-year old while he or she works out.
- Those 14 years and older are permitted in the Fitness Center at any time.
- Those 11 and under are not permitted in the Fitness Center at any time.

● ***Locker Rooms***

- Adult Member-Only Locker Rooms are for members 18 and older. An access code can be obtained from Member Services at the Front Desk.
- Main Locker Rooms are for Members, Non-Members, and Family use.
- Those age 4 and under will use the Main Locker Room.
- Children 5 and older will use the Family Changing Rooms or the Main Locker Room of the same sex.

● ***Group, Aquatic & Spin fitness classes***

- These 100+ classes are Free for all members ages 12+



ANNUAL EVENTS

MAY

Golf Tournament
Legacy League Luncheon

JUNE, JULY, AUGUST

Summer Camps for Kids
Free Summer Playground Program
Adult Triathlon

SEPTEMBER

Boulder Bash (Lititz recROC)
Pretzel Twist 5-K Run/5k Walk/Kid's Run
Annual Membership Meeting
Annual Rochelle "Skip" Clair Community Partnership Campaign

OCTOBER

Youth Triathlon

NOVEMBER

Food Collection for the Warwick Community Chest
ExtraOrdinary Give

OTHER EVENTS

Member Appreciation Days
Family Events
Fitness Incentives

Lititz recCenter Monthly payment plan/Billing Agreement-Membership

When purchasing a Lititz recCenter membership using the monthly payment plan, you are committing to a one-year membership. Fee changes for members using the monthly payment plan option go into effect September 1 of the current year. After completing the first year, a seven business-day written notice is required to cancel. Members who wish to rejoin are advised that a joiner's fee will be assessed to all memberships that lapse more than thirty days. Members are drafted for a calendar month regardless of the date of draft.

1. I understand that my monthly membership fee is based on the cost of a one-year membership, and I may not cancel before I complete 12 consecutive months.
2. I understand that after one year, my payment will automatically continue until I notify the Lititz recCenter in writing to cancel.
3. After my first year is complete, I may cancel membership at any time providing I give 7 business days written notice.
4. I am aware that fee changes take effect September 1st of each year and occur automatically.
5. I have chosen either the 1st or the 15th as the day for my deduction each month. If the 1st or the 15th falls on the weekend it will be deducted the following business day.
6. I understand that I am paying for the calendar month regardless of the draft date.
7. The Lititz recCenter uses Daxko Full-Service Billing to provide billing and account management services for both Credit Card and ACH Resubmissions using Daxko's Smart Date Technology. By signing you are authorizing the resubmission of credit card, debit card, and/or ACH transactions that are declined. Daxko Billing will be applying a **\$30 NSF fee** for insufficient funds declines and **\$10 fee** to other decline reasons.
8. I understand that I may receive up to 3 emails and phone calls to update credit card or account information.
9. I have given my authorization to the bank/credit card to honor pre-authorized EFT/Charge by the Lititz recCenter on my account for membership payments.

10. If a deduction occurs after timely written notice has been given, Lititz recCenter will refund up to no more than one month's withdrawal. It is the responsibility of the member to ensure that written notice is received (i.e. sent to spam/trash) or mail that is not received is the responsibility of the member. Lititz recCenter upon receipt of email notification will send a verification of receipt to the provided email; Lititz recCenter will sign for certified mail.

10. I understand that 4 payment returns in a 12-month period will result in the loss of the monthly payment option.

11. I understand that 2 consecutive months of unpaid dues will result in the termination of the membership.

12. The EFT option may not be guaranteed upon rejoining following termination for nonpayment.

13. Any outstanding balance at Lititz recCenter, Lititz recROC or Lititz Springs Pool must be paid to rejoin for membership, register for any Lititz recCenter programs or to purchase day passes or flex cards.

14. I agree to be responsible for all costs of collection on unpaid balances including, but not limited to, 1 1/2% interest (18% annually), collection fees (up to 50%), court costs and reasonable attorney fees. Outstanding balances will be turned over for collection.

15. Membership is nonrefundable and nontransferable.

Please see/call a Member Service Representative at the front desk, if you have questions concerning your Monthly Payment plan Agreement.