

**NUTRITIONAL
COUNSELING
WITH**

Renee Cornelius

**Registered
Dietician**



Education/Certifications

- B.S. in Nutrition and Dietetics from Messiah College
- Master of Science in Food & Nutrition and Dietetic Internship from Ohio University

Nutrition Philosophy

My goal as a dietitian is to provide individuals with the tools they need in order to live their healthiest life. I believe that all foods can fit and together we can find what works best for you.

Interests

When I am not working I enjoy spending time with my family & friends, playing card games, going for a run, and swimming.

"I enjoy working with clients on all ends of the spectrum. Whether you need help meal planning, losing weight, or just trying to make better overall choices, I would love to work with you!"