



# Splash Pool and Main Pool

## *General Rules for Our Indoor Pools*

**Pool rules are posted. Please abide by them. Rules will be strictly enforced by lifeguards and staff.**

- Persons with infections or diseases that may be transmitted by pool water are prohibited from entering the pool. Any open wound must be bandaged.
- No swimming when the lifeguard is not on duty. Do not distract the lifeguard or block their view.
- All children under the age of 11 years must be supervised by an adult in the building. Children under age 6 must have an adult in the water with them.
- All swimmers must shower before entering the pool. There are showers in all locker rooms, and the Splash Pool has a shower on the pool deck.
- Never urinate in the pool - use the restrooms in our locker rooms or family changing rooms.
- Swim diapers are required for all children who are not toilet-trained.
- Food and gum are not allowed in the pool area. Drinks must be in an unbreakable, closeable container.
- Lap lanes are for those who are swimming laps. Circle swimming etiquette will be used when there are more than two (2) swimmers in a lane. Please keep to the right side.
- No running, pushing, dunking, wrestling, or horseplay at any time.
- Proper bathing attire must be worn at all times. No jean or gym shorts. No t-shirts.
- Only PFD Coast Guard Approved Type 2 life jackets may be used. No swimmies/water-wings or inflatables, including infant floats, are permitted.
- No hanging on the lane lines.
- No horseplay, pushing, dunking, or other reckless behavior in or around the pool.
- In order to eliminate any inconvenience and assure the safety of our members, we ask that persons returning to the locker/changing rooms and showers please towel off in the drying area before returning to their locker.
- **Obey the Lifeguard and other Staff at all times.**
  - First Warning – Verbal
  - Second Warning – Benched for 5 minutes
  - Third Warning – Ejection from Pool.

### ● **Additional Splash Pool Rules**

No diving in the Splash Pool.

Please do not climb on or hang from the whale tail or head.

Slide users must pass a swim test (see lifeguard) and obey all slide rules.

No climbing on or jumping over walls in the Splash Pool.