



## Dear Athletes & Parents:

We are excited to have you participate in the Lititz recCenter 17 th Annual Youth Triathlon on Friday, Oct 13 at the Lititz recCenter. Rain date October 20 th . Registrations after September 26 will not guarantee you a t-shirt and goodie bag. For registration [www.lititzrec.com](http://www.lititzrec.com) or 717-626-5096 ext.221.

Event results will be sent via-mail to each participant. Refreshments & snacks will be in your goodie bags. Bottled water will be available, but participants should plan to bring their own additional water. Wearing masks is optional for youth participants.

***Registration, body marking, and t-shirt pick up will be at the Lititz recCenter main parking area beginning at 3:45pm on Friday, October 13.***

***Bikes should be dropped off in this area when you arrive. Athletes should arrive ready to swim.***

***Please do not attend or compete if you are ill, you have been exposed to illness, or if you are recovering from illness.***

### **IMPORTANT EVENT INFO:**

- Parking is available in the Middle School Parking Lot.
- **3:45-4:45pm**
  - Check-in Time.
  - Bikes Safety will be completed.
  - Athletes will be “marked” with entry numbers for timing purposes.
- **4:40 pm**
  - Event Announcements.
- **4:45pm**
  - Competitors will be brought inside and split into appropriate groups.
  - Athletes will be grouped by age: 5-6, 7-8, 9-10, 11-12
  - The event starts with the swim.
  - All athletes must wear proper swimwear and goggles are optional.
  - Parents will be asked to sit in designated bleachers.
- **5:00pm**
  - The event begins in the pool area.
  - Swimming will be in the Lititz recCenter Main Indoor Pool and start with older kids first.
  - Parents will be asked to assist their child with any changing of clothes after being rinsed off.
- The biking course is in the Lititz recCenter Main Parking Lot.
  - Shoes and Helmet are required.
  - In the event of storms, the biking event will be eliminated – biking will still occur in light rain.
  - Running will be outside weather permitted.
  - The running course is on the field beside the Lititz recCenter. Athletes should wear proper footwear.
- **6:00pm**
  - Event will conclude and Athletes’ times will be taken strictly in the spirit of the event and will be shared with individual athletes following the event.
    - Placing will not occur in this limited-competition event and every athlete is encouraged to do their best and have fun!