



**Ephrata recCenter
Memorial Day 5K
May 25th**
www.ephratarec.com

**Hempfield recCenter
Amos Herr Honey Run
August 22nd**
www.hempfieldrec.com

**Lititz recCenter
Pretzel Twist
September 19th**
www.lititzrec.com



***Register for all Three
Races for \$65!***

Win Cash Prizes!