

Merit Badge Programs



LIFESAVING

Training in our Indoor Pools similar to American Red Cross Lifeguard Certification Course. BSA Swim Test sign-off included. Minimum of 10 hours —additional hours depend upon Scout's experience and ability. Scheduled over 4 weeks.

Merit Badge Counselor Heather Fittery
heatherfittery@lititzrec.com 717-626-5096, ext 227



SWIMMING

Training sessions will be held in our Indoor Pools. BSA Swim Test sign-off included. Minimum of 6 hours —additional hours depend upon Scout's experience and ability. Scheduled over 4 weeks.

****BSA Swim Testing year-round! Book your Troop for testing.****

Merit Badge Counselor Heather Fittery
heatherfittery@lititzrec.com 717-626-5096, ext 227



PERSONAL FITNESS

at **Lititz recCenter**

Certified Personal Trainers will guide Scouts in achieving fitness goals and testing using group fitness classes and fitness equipment. Scouts must be 13 yrs+. Minimum of 20 hours. Additional hours depend upon Scout's experience and ability. Scheduled over 12 weeks.

Merit Badge Counselor Erica Wolgemuth-Johnson
fitness@lititzrec.com 717-626-5096, ext 225



PERSONAL FITNESS

at **recROC**

Scouts will achieve fitness goals and testing using obstacles and bouldering activities, and training equipment. Scouts must be 13 yrs+. Minimum of 20 hours —additional hours depend upon Scout's experience and ability. Scheduled over 12 weeks.

Merit Badge Counselor Angela Weiler
recROCinfo@lititzrec.com, 717-874-3281



SPORTS

Coaches and trainers will guide Scouts through sports offerings at Lititz recCenter (can be combined with other youth sports). Scheduled over 12 weeks with dates/times depending on season or sport activity.

Merit Badge Counselor Ron Stief
RonStief@lititzrec.com, 717-626-5096, ext 229



ATHLETICS

Scouts will explore sports and fitness activity and achieve goals over a 12 week period with dates/times depending on season or athletic activity selected. Personal training and sports conditioning are options.

Merit Badge Counselor Ron Stief
RonStief@lititzrec.com, 717-626-5096, ext 229

Group of 4-10 Scouts \$50 per scout Member / \$55 NonMember

Scout & Buddy \$55 per scout Member / \$70 NonMember

Single Scout \$60 per scout Member / \$75 NonMember

*Fees cover a complete merit badge program for 1 scout.
Multiple scouts register separately online.*

**Members Save on
Scout Programs!**

Discounted fees for
Merit Badges and for
Scout Outings booked at
Lititz rec or recROC.

Scouts - invite a Buddy to complete a Merit Badge with you to stay on-track and work/learn together!
Scouts receive a temporary pass to Lititz recCenter or recROC to accomplish their Merit Badge requirements.

Scout Outings - gym sports, swimming, bouldering, or build-your-own Troop Adventure!

Lititz recCenter 717.626.5096 recROC 717.874.3281 www.lititzrec.com www.lititzrecROC.com